

**PAN-AMERICAN GOJU RYU KARATEDO
SEIWAKAI NEWSLETTER**

**全米剛柔流空手道
誠和会社内報**

Dedicated to Traditional Goju Ryu Karatedo
Issue 68: September/October 2024

**All issues of the Pan-American Seiwakai Newsletter are Dedicated to
Accurately Reporting Seiwakai Events, Goju Ryu News, and Karatedo
Events, History & Philosophy.**



Chojun Miyagi, Shihan: Goju Ryu Founder

Shuji Tasaki, Shihan: Seiwakai International Founder

Seiichi Fujiwara, Shihan: Seiwakai International President

Vassie Naidoo, Shihan: Seiwakai International Vice President

Craig Vokey, Shihan: Pan-American Seiwakai President

Seiwakai USA:

Mark Cramer: President

Vassie Naidoo: Advisor

Seiwakai Mexico

Marco Madrid: President

Vassie Naidoo: Liaison

**Official Representative for
Latin America Appointed by
Shuji Tasaki Shihan**

Goshukan Seiwakai Mexico

Eusebido Montes: President

Vassie Naidoo: Liaison



Goshukan Seiwakai Canada

Craig Vokey: President

Vassie Naidoo: Liaison

Shuseikan Seiwakai Canada

Michael Beardwood:

President

Vassie Naidoo: Liaison

**Newsletter Editor:
Mark Cramer**

Seiwakai Canada

Peter Brown: Representative

Vassie Naidoo: Liaison



Kawase Hasui: Cormorant Fishing (Nagaragawa)

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Canada Goshukan Fall Camp

October 18-20, 2024

Sudbury, Ontario



Schedule

Friday, Oct 18	5:00 – 5:45	Welcome – Registration
	6:00 – 8:00	Training, all ages; all belts
	8:00 – 9:30	Brown & Black Belt Training
Saturday, Oct 19	9:30 – 12:00	Training, all ages; all belts
	11:00-12:00	Breakout children's Class (11 and under)
	12:00 – 1:00	Lunch (included)
	1:00 – 1:30	Lecture
	1:30 – 3:00	Training, All belts
	3:00	Dan Exams (by invitation only)
	7:30 – 9:30	Reception
Sunday, Oct 20	9:00 – 10:30	Brown & Black Belt Training
	10:30 – 12:00	Training, all ages; all belts
	11:00-12:00	Breakout children's Class (11 and under)
	12:00	Closing

Cost

Weekend (Youth & Adult)	Weekend (11 and under)	1 st additional family member	Each additional family member	1 day only (Youth & Adult)	1 day only (11 and under)
\$100	\$70	Pays 75%	Pays 50%	\$70	\$50

SEIWAKAI KARATE SILICON VALLEY



HOSTS THE
GŌJŪ-RYŪ KARATEDŌ
PAN-AMERICAN
SEIWAKAI SEMINAR
2024

LED BY

SEIICHI FUJIWARA SHIHAN
VASSIE NAIDOO SHIHAN

- NOVEMBER 8TH - 10TH, 2024
- KIHON, KUMITE, KATA & BUNKAI
- SEIWAKAI & JKF GOJUKAI TESTING



ALL LEVELS WELCOME
NON-MEMBERS WELCOME



WHATSAPP:
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CALIFORNIA 94025 USA

- **GOJURYU@GMAIL.COM**
- **GOOGLE CALERDAR**

GOJU-RYU
KARATEDŌ
PAN-AMERICAN
SEIWAKAI



WWW.GOJURYU.NET / SEMINAR



Upcoming Event

Pan American Seiwakai Seminar With Fujiwara Seiichi Shihan and Vassie Naidoo Shihan In San Francisco, California



Mina-sama,

We are honored to invite you to join us November 8th to November 10th with over 100 karateka, in the heart of Silicon Valley as we the host President of Gōjūryū Karatedō Seiwakai and Overseas Director of the JKF Gōjūkai: **Seiichi Fujiwara** Shihan as Chief instructor and Vice President of Seiwakai International: **Vassie Naidoo** Shihan as assistant instructor, for the 2024 Gōjūryū Karatedō Pan-American Seiwakai Seminar, which shall include both Seiwakai and JKF Gōjūkai testing at our 8400ft² gymnasium in Menlo Park, California at the Arrillaga Family Center (ARC). This prestigious event, in the Year of the Dragon, promises to be an enriching experience for all participants. For more information, registration and event updates please visit www.gojuryu.net/seminar.

Event details are as follows:

- Date: November 8th - November 10th
- Location: Arrillaga Family Center (ARC), 700 Alma St, Menlo Park, CA 94025
- 3-day participation fee: \$175.00 USD

The **A.R.C. in Menlo Park** is conveniently located 21 miles north of San Jose International Airport (SJC) and 21 miles south of San Francisco International Airport (SFO).

Friday, November 8th:

- Check-in: 5:30 PM - 6:00 PM
- Opening Ceremony: 6:00 PM
- Training: 6:15 PM - 9:00 PM



Saturday, November 9th:

- Check-in: 8:30 AM - 9:00 AM
- Opening Ceremony: 9:00 AM - 9:15 AM
- Training: 9:15 AM - 12:00 Noon
- Lunch Break: 12:00 Noon - 2:00 PM
- Training: 2:00 PM - 4:00 PM
- Seiwakai Shinsa (Testing): 4:00 PM - 6:00 PM (in a different room than the training gym)
- Enkai (Banquet): 7:00 PM - 9:00 PM (Location TBD)

Sunday, November 10th:

- Check-in: 8:30 AM - 9:00 AM
- Opening Ceremony: 9:00 AM - 9:15 AM
- Training: 9:15 AM - 12:00 Noon

- Lunch Break: 12:00 Noon - 2:00 PM
- Training: 2:00 PM - 3:30 PM
- JKF Gōjūkai Shinsa (Testing): 4:00 PM - 6:00 PM (in a different room than the training gym)

Lodging Suggestions:

- Crowne Plaza, Palo Alto, CA
- Best Western, Menlo Park, CA
- Hotel Lucent, Menlo Park, CA: A 5-minute walk to the training facility and a 4-minute walk to the MP train station. Adjacent to a large regional supermarket and various restaurants and bars.

Enkai (Banquet):

- Date: Saturday, November 9th
- Time: 7:00 PM - 9:00 PM
- Location: To be determined
- Banquet Fee: \$75.00 USD

Additional Information:

- ALL testing applicants must submit your application to the host BEFORE October 13th 2024.
- Attendees should have a basic understanding of Gōjū Ryū Karate and wear an all-white karate gi.
- Early Registration: Register early to ensure your place before the late registration fee initiates.
- Contact for Inquiries: For any questions, please contact Johnpaul Williams at gōjūryū@gmail.com or text +1-650-544-8944 direct or via WhatsApp.
- All levels are welcome to participate.
- Non-members Welcome. Seiwakai nor JKF Gōjūkai membership is required to participate.
 - New membership registration will be available on site for those interested.

We look forward to your participation in this esteemed event. Please confirm your attendance by August 20th, 2024, by contacting us at gōjūryū@gmail.com. For more information and updates, visit www.Gōjūryū.net/seminar or follow us on www.Facebook.com/BayAreaKarate and www.Facebook.com/groups/SeiwakaiInternational.

Join us for a weekend of expert training, cultural enrichment, and the pursuit of excellence in Gōjū Ryū Karatedō. We are excited to share this experience with you and look forward to your participation.

Best regards,



Johnpaul Williams

Seiwakai Karate Silicon Valley (SKSV) member of JKF Gōjūkai

Email: gōjūryū@gmail.com

Personal phone / WhatsApp: +1-6505448944

Link to event registration - <https://forms.gle/WL1UsrBwD61scWVx6>

REGISTRATION FORM - <https://forms.gle/WL1UsrBwD61scWVx6>

Name: _____		
Address: _____		
City: _____	State or Province: _____	
County: _____	Postal Address: _____	
Phone or WhatsApp: _____		Emergency Contact Name _____
		Emergency Contact Phone: _____
Dojo Grade: _____	Seiwakai Grade: _____	JKF Gōjūkai Grade: _____
Sensei: _____		Dojo: _____

Link to event registration - <https://forms.gle/WL1UsrBwD61scWVx6>

Activity	Fee	Number Attending	\$ Amount
3-Days Training	\$175 before Sept 1st 2024		\$
3-Days Training	\$175 after Sept 1st 2024		\$
2-Days Training	\$150 before Sept 1st 2024		\$
2-Days Training	\$170 after Sept 1st 2024		\$
Saturday Enkai (Banquet)	\$75		\$
Total amount due			\$

RELEASE OF LIABILITY

In consideration of your accepting my fees, I intend to be legally bound on behalf of myself, my heirs, executors, assigns and administrators, I do hereby waive, release and discharge any and all rights and claims for damages which I may have, or which may hereafter accrue to me against the Japan Karate Federation Gōjūkai, USA Goju-Ryu Seiwakai Karate, Seiwakai Karate Silicon Valley, Arrillaga Recreation Center, Seiichi Fujiwara, Johnpaul Williams, Vassie Naidoo, other instructors, participants, sponsors and contributors, their representatives, affiliates, successors, and assigns for any and all injuries arising from my participation in the 2024 Goju-Ryu Karate-do Pan-American Seiwakai Seminar and or Testing. I attest that I am physically fit and sufficiently trained for this event. I understand karate is a demanding physical activity and I enter into this Release knowing and accepting there is a potential for injury.

Signature (Parent or guardian if under 18 years of age)

Date: _____

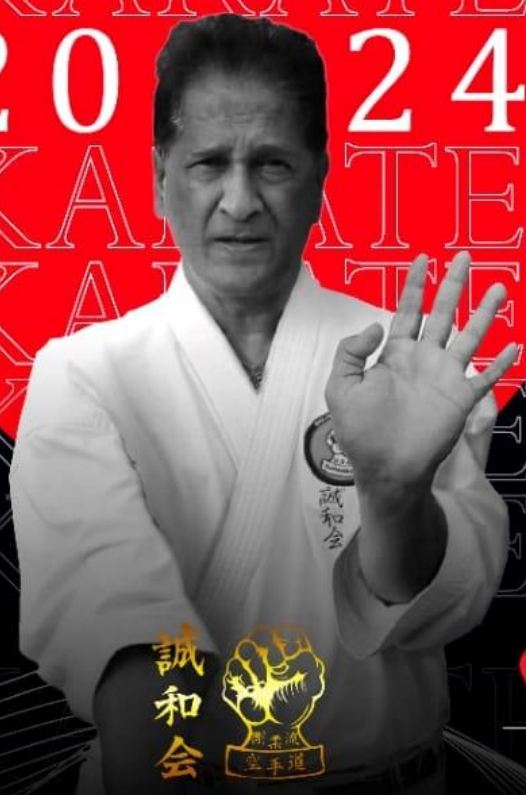
Printed Name:

XVI SEMINARIO TECNICO DE CAPACITACIÓN Y SHINSA
SEIWAKAI INTERNACIONAL

En memoria de
Sensei Cristina Madrid Solis

G
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Seiwakai
MEXICO

KARATE
2024



22
23
24
NOV

Ocotlan
JALISCO

VICE PRESIDENTE DE SEIWAKAI INTERNATIONAL

VASSIE NAIDOO

SHIHAN
8vo Dan Seiwakai

DIRECCIÓN

Aquiles Serdán 87-A
Colonia Centro,
Ocotlan, Jalisco.



INFORMACIÓN

Sensei Sabina Madrid
392 109 4493

Seiwakai International, the JKF Goju Kai, and Seiwakai USA

There has been some confusion about Seiwakai International membership cards, Seiwakai International dan-grade certificates, JKF Goju Kai membership cards and certificates, and the role of Seiwakai USA. I sincerely hope that the information below clarifies these issues particularly for our newer members.



Seiwakai International Membership Cards

Seiwakai International membership cards are for all students, not just black belt members. Each sensei who is the chief instructor of a Seiwakai dojo can get these cards by requesting them from Vassie Shihan, Vice President of Seiwakai International. Once the cards are completed and returned to Vassie Shihan, they are sent to Japan where they are recorded, stamped, and returned to Vassie Shihan who then returns them to the chief instructor of your dojo.

Seiwakai International Dan-Grade Certificates

You must be a member of Seiwakai International to test for any dan-grade. If you pass your grading, your information is sent to Japan. If you are in the Pan American region, the certificates are sent back to Vassie Shihan who then sends it to the chief instructor of your dojo.

JKF Goju Kai Membership Cards and Certificates.

Seiwakai International is your guarantor for the JKF Goju Kai, consequently you must be a member of Seiwakai International to become a member of the JKF Goju Kai. Moreover, you must have a dan-grade in Seiwakai International to test for that equivalent dan-grade in the JKF Goju Kai. In other words, you cannot have a higher dan-grade in the JKF Goju Kai than you do in Seiwakai International. However, you can have a higher dan-grade in Seiwakai International than you do in the JKF Goju Kai.



The JKF Goju Kai cards and certificates are distributed and returned to you in a manner similar to the way Seiwakai International cards and certificates are distributed and returned.



Seiwakai USA

Seiwakai USA is the national representative for Seiwakai International and is a registered non-profit corporation. You must be a member in good standing of Seiwakai USA to be eligible to test for any dan-grade in Seiwakai International and the JKF Goju Kai. Most if not all national organizations have this requirement.

Dan-grade Transfers for Seiwakai International and the JKF Goju Kai

If you hold a dan-grade with your country's National Governing Body for karate (e.g. the USANKF, Karate Canada, or Federación Mexicana de Karate) you are able to apply for a dan-grade transfer of an equivalent grade (up to Godan) in Seiwakai International and the JKF Goju Kai. You still have to test before a Seiwakai and a JKF Goju Kai panel and pay all testing fees from Shodan to the dan-grade you are seeking. Receiving the equivalent dan-grade of your national certificate is not guaranteed. The panel could award you a dan-grade which is lower than the one on your national certificate.

Seiwakai Around the Globe



Goju Ryu Karatedo Seiwakai International

Seiichi Fujiwara



President

Satoru Takahashi



Vice President

Vassie Naidoo



Vice President

Ben Mare



**Director
Africa**

Abel Figueiredo



**Director
Europe**

Pal Gila



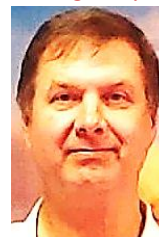
**Director
Europe**

Glenn Stephenson



**Director
Oceania**

Craig Vokey



**Director
Pan America**

Eddie Liu



**Director
Asia**

“Lead them by political maneuvers, restrain them with punishments: the people will become cunning and shameless. Lead them by virtue, restrain them with ritual: they will develop a sense of shame and a sense of participation.” Confucius 孔子 (Koshi)

Seiwakai and JKF Goju Kai International Seminars in Japan Omagari (Akita Prefecture) and Naha (Okinawa Prefecture)



Omagari (Akita) Japan August 7, 8, 9, & 10
Seiwakai Seminar Participants, Instructors, and Daisen-Omigari City Officials

Attending the seminar were 169 participants plus the instructional staff of Seiichi Fujiwara, Satoru Takahashi, and Vassie Naidoo. The competency of instructional staff was next to none in the world. Many countries were represented at the seminar including Australia, Canada, Germany, Hong Kong (China), Hungary, Italy, Japan, New Zealand, Portugal, Russia, Slovakia, South Africa, UK, USA, and others.



08/07

The weather was hot and humid, and training under these conditions was draining. However, the detailed instructions that we received on August 7th about all the Goju Ryu katas up to Sanseiryu certainly made up for the physical discomfort.

08/08

Today, we were informed that what is old is now new, and we are returning to doing Tensho Kata in the manner that it was taught by Chojun Miyagi, the founder of Goju Ryu Karatedo. With 5 steps forward and 5 steps back.

08/08 (continued)

After practicing Sanchin, Tensho, and kumite/bunkai drills, we broke into 2 groups – 4th dan and below and 5th dan and above. (Detailed instructions in kata were given to each group.) The group of 5th dan and above went to the Budokan next door to the gymnasium to train. The city of Daisen/Omagari gave all participants a gift bag with coupons for free stuff in the city.



08/09

We worked on improving the kata and the bunkai that we learned on previous 2 days. The Mayor and other dignitaries of Daisen/Omagari came to welcome us and they had the city deliver 2-liter bottles of water for everyone which was well needed in and greatly appreciated in the heat and humidity.

08/10

We broke into groups and worked on katas for grading to the next level. My group went next door to the Budokan to work on Suparinpei. We then reassembled and performed our kata in front of the entire group.





The Seiwakai Party

A fitting Conclusion to the Seminar



The banquet featured excellent food in quantities greater than could be consumed, fantastic libations, and wonderful company.

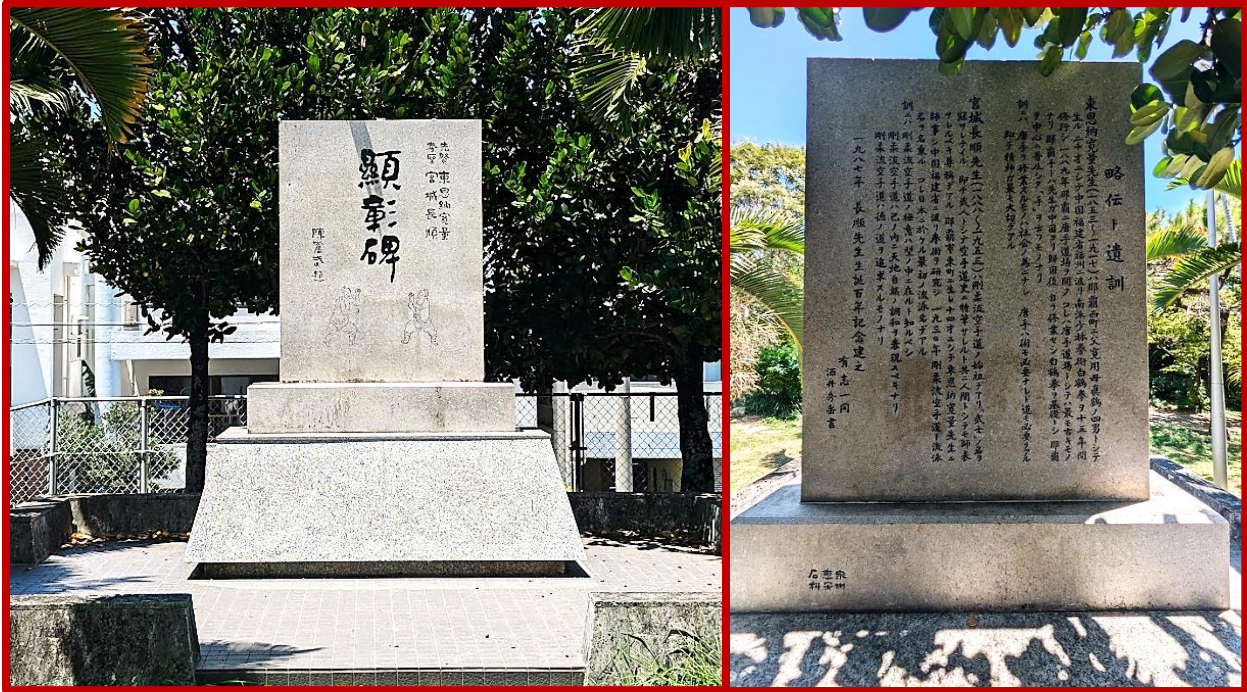
After dinner, we were entertained by a magician/comedian who was quite good. The highlight of the performance was when he “cut off” Fujiwara Shihan’s hand.





Sightseeing in Okinawa August 13 & 14

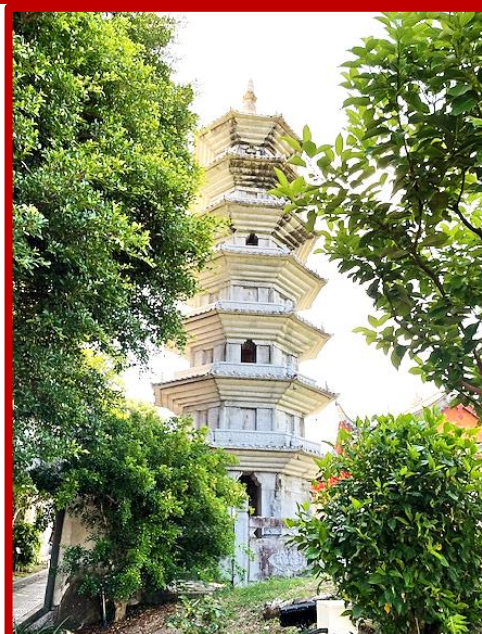
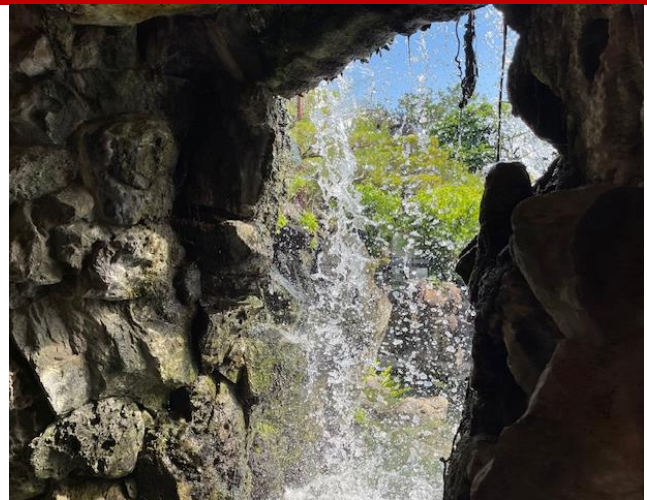
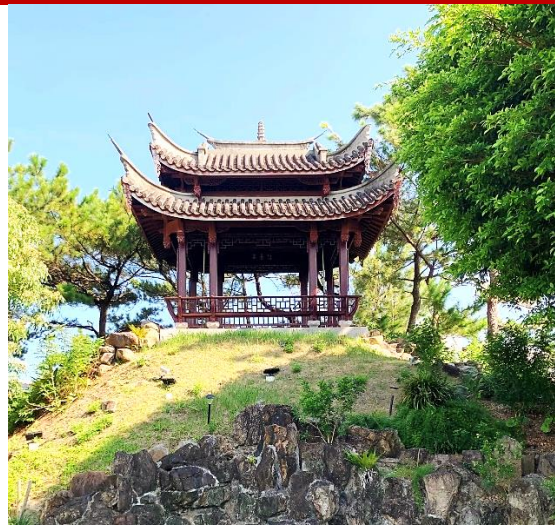
Memorial in Naha, Okinawa to Kanro Higaonna and Chojum Miyagi



Chinese Garden and view of Naha, Okinawa



Scenes from a Chinese Garden



Shuri Castle Entrance Gate



View of Shuri, Okinawa from the Castle Grounds



Battle of Okinawa Peace Memorial Museum



The Battle of Okinawa was the bloodiest battle in the Pacific theater of World War II. Although the battle lasted only 7 weeks, it took the lives of nearly a quarter million people, and the vast majority of those killed were Okinawans. The Peace Memorial Museum and Cornerstone of Peace Park were constructed in 1975 to memorialize all who perished. The museum and park sit on

Mabuni Hill next to the Suicide Cliffs where the Battle of Okinawa ended and where the commander of the Japanese forces, Lieutenant General Ushima committed suicide rather than surrender to the US forces. There are 32 memorial monuments with the names of the dead engraved on them.

Himeyuri Peace Museum



This museum serves as a reminder of the stark realities of war. As the Battle of Okinawa was coming to a conclusion, the Japanese Army ordered all of the girls and many of the teachers from the First Prefectural Girls High School and the Okinawa Woman's Normal School to serve in army medical units. More than 220 girls and their teachers served in the Himeyuri Student Corps in the Japanese Field Hospital which was located in a cave on the island. Every one of the girls perished during the final days of the Battle of Okinawa.

Okinawan Musicians and Dancers



The 50th JKF Goju Kai Seminar Naha, Okinawa

August 15 & 16



Large Group Training





More than 220 people from around the globe came to Okinawa for the 50th JKF Goju Kai Seminar and Championships. During the introduction to our large group morning session in Okinawa, we were told that Goju Ryu was 60% soft and 40% hard. This somewhat surprised me since I had always assumed that it was 50% hard and 50% soft. However, we were training with the top Goju Ryu instructors in the world, and I'll take their word for it.

Small Group Training

During the afternoon small group session on kata, we broke into groups to practice the kata for our next promotion. My group had about 15 people in it training in Kururunfa. We received extremely detailed instructions. After practicing the kata in its entirety several times, we practiced it in sections along with the bunkai for that section.

After that, we performed the kata in groups of three in front of the whole group. We all came away from the training with a much deeper understanding and appreciation of Kururunfa.

The 50th JKF Goju Kai Tournament Naha, Okinawa

August 17 & 18



Congratulations to Seiwakai Australia's Rodrick Martin and Stacey Karetsian who both made the finals in kata with Stacey winning the bronze medal.



JKF Goju Kai Banquet

August 18



After being served an incredible meal and pleasant libations, we were entertained by some traditional Okinawan musicians and dancers. This was a wonderful culmination of our two-week trip of training and learning in Japan and Okinawa.



CONGRATULATIONS



A well-deserved congratulations goes out to Johnpaul Williams who successfully graded to Seiwakai Nana-dan in Omagari, Japan.

Another well-deserved congratulations goes out to Abel Figueiredo who successfully graded to Seiwakai Hachi-dan in Omagari, Japan.



South Africa Seiwakai Seminar
September 20-22, 2024
From Ben Maré



The Seiwakai South Africa Seminar was a huge success.

Congratulations to Seiichi Fujiwara Hanshi for being bestowed an Honorary 9th Dan Grade by Sonny Pillay, the President of Karate South Africa Karate, at the Seiwakai Awards Banquet.

Special Thanks from Dagmar Mare.

I would like to say THANK YOU to each and every one who made this weekend incredibly special. The first thank you goes to Fujiwara Hanshi, whose willingness to travel the world and teach our kids amazes me.

To Saito Shihan, whose technical ability and teaching skills are on a different level. His presentation of the different katas, the timing, and the pace make it look impactful and elegant.

To Vassie Hanshi for all his support not only on the floor but specifically to all the admin work in the background, it is really appreciated.

A big thank you to our Chair Jonathan Duncan and his wife Stacey for hosting the international instructors at their home twice, the food and the drinks were amazing and everybody felt welcomed and at home.

Thanks to the motivation from our Ben Sensei, his motivational speech: “That was vomit” makes sure we will do better the next time.

To Pal Sensei with his “NO. NO. NO.” and eliminating all our mistakes and his patience to show us the correct way.

Craig Sensei from Canada for his calm and patient way of sharing his knowledge on the floor.

Jay Sensei for his teaching and closing words at the Sayonara Party.

Colin Sensei for his hospitality in taking care of some of our international guests and Sonny Hanshi, entertaining them and making sure they feel like a part of this great family.

Special thank you of course to Emma Sensei, for the unbelievable work she put into all the beautiful banners, the flags, and the decorations not only in the dojo but also at our venue for the Sayonara party. She was an integral part of the organisation of the seminar and the party. She was also part of the admin team in the background and had no opportunity to train although she attempted to grade.

Mary Sensei for her dedication not only to taking photos during the weekend but also to all the editing, we will share the link, so you can download some of the photos.

Candice Sensei for her support at the entrance, we sold all the T-Shirts.

Thanks to everybody for your taxi services, making sure our international instructors got safely from A to B. We appreciate all of you.

I also like to share my appreciation for the international students travelling from Russia and Germany. I hope you feel like a part of our family.

A special thank you to the parents, who drove some of our students from Durban through the snow to Johannesburg.

A heartfelt thank you to all the students, I hope you had fun and learned a lot. To all the grading candidates, I hope you also felt special, you don't have every day the opportunity to grade in front of Fujiwara Hanshi and Saito Shihan.

I also want to thank Sonny Hanshi for dedicating his time to be part of our Sayonara Party and presenting the 9th Dan to our master Fujiwara Hanshi. This is the first time this grade was presented by the Karate South Africa organization.

Fujiwara Hanshi, please know we all appreciate and adore you.



Seiwakai Netherlands Seminar From Abel Figueiredo



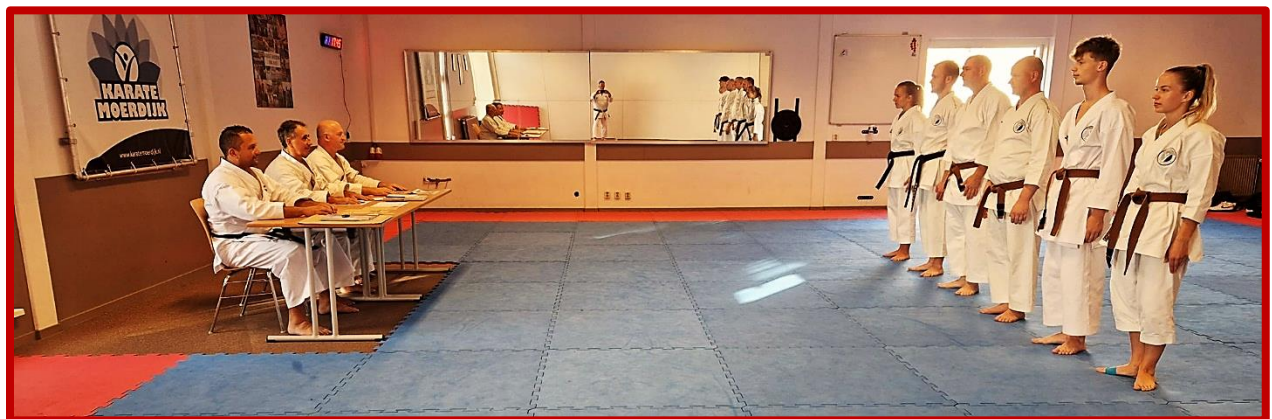
The National Seminar of Seiwakai of the Netherlands just finished today (9/22/24) with the participation of 35 members during 4 sessions of training and a shinsa for Seiwakai testing up to sandan.

The spirit of togetherness has been shown and the 2024-2025 season has started well in Europe with this National Seminar touching the actualization on Goju Ryu Karatedo practices for practitioners and for Coaches in a education program linked with Movement Sciences.

A surprise came as an old good member, Tim Penasse, visiting in friendship our first session saying that Karate practice for life is important, even when we stop training for any reason.

Next National Seminar will be in London on the 12 and 13 of October.

Let's enjoy togetherness in practice!





SEIWAKAI INTERNATIONAL ITALY EVENTS 2025



**Experience the thrill of karate in one of Italy's most picturesque locations.
Seiwakai karateka from all over the world will gather in Oristano, Sardinia.**

Two days of seminars will be a unique opportunity for Goju Ryu enthusiasts to learn and hone their skills by expanding their knowledge thanks to Hanshi Seiichi Fujiwara and the most representative Seiwakai top Shihan.

A great occasion to celebrate the athletes' commitment, determination and talent will be the European Championship to win the continental title.

Immersed in a unique scenario, take part in a sightseeing tour from the ancient ruins of Tharros to the extraordinary well of Santa Cristina, get to know the legendary warriors of Mont'e Prama and relax on the beautiful beaches of the area, enjoying the crystalclear sea.

**Don't miss the opportunity to participate in this unrepeatable event, where tradition, nature and passion for karate will give you an unforgettable experience.
Seiwakai Italia is waiting for you!**

26/29TH JUNE 2025 ITALY - SARDINYA - ORISTANO COMING SOON DETAILS

ORGANIZATION BY SEIWAKAI JKF GOJU KAI ITALIA

REFERENCE - KYOSHI LUIGI STANZIANO

CONTACT: GOJUKAN.ITALIA@YAHOO.IT /// WHATSAPP: +39 380 322 8680



SEIWAKAI INTERNATIONAL SEMINAR



SEIICHI FUJUWARA - HANSHI • 8TH DAN

VASSIE NAIDOO - HANSHI • 8TH DAN - RASTISLAV MRÁZ - KYOSHI 8TH DAN

ABEL FIGUEIREDO - KYOSHI • 7TH DAN - PAL GILA - KYOSHI • 7TH DAN - LUIGI STANZIANO - KYOSHI • 7TH DAN

ITALY 27TH-28TH JUNE 2025

DAN GRADING: JKF GOJUKAI - SEIWAKAI



EUROPEAN CHAMPIONSHIP

29TH JUNE 2025

ORISTANO - SARDINIA

VENUE: PALA SPORT LOC. SA RODIA

ORGANIZATION BY SEIWAKAI JKF GOJU KAI ITALIA

**LOGO CITTÀ
ORISTANO**

**CONTACT: GOJUKAN.ITALIA@YAHOO.IT
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**LOGO REGIONE
SARDEGNA**